

East Dene Primary School 2023/2024

Progression of Language

	<u>EYFS</u>	<u>Year 1</u>	<u>Year 2</u>	<u>Year 3</u>	<u>Year 4</u>	<u>Year 5</u>	<u>Year 6</u>
Athletics	push, stop, jump ,space, forwards, safely, balance, backwards, safely	far, hop, aim, fast, slow, bend, improve, direction, travel	sprint, jog, distance, height, take off, landing, overarm, underarm	speed, power, strength, accurately, higher, pace, control, faster, further	power, stamina, officiate, perseverance, determination, accuracy, personal best	technique, downsweep, upsweep, flight, rhythm, stride	rotation, force, compete, momentum, continuous pace, transfer of weight.
Dance	move, copy, shape, space, safely, around, travel, sideways, forwards, backwards	counts, pose, slow, fast, level, balance,	mirror, action, pathway, direction, speed, timing	flow, explore, create, perform, match, feedback, expression	represent, reaction, dynamics, unison, control	formation, posture, performance, canon, relationship	choreograph, phrase, contrast, structure, fluency, connect
Invasion Games	pass, team, tag, balance, space, forwards, backwards	defender, points, dribbling, attacker, score, partner	received, teammate, chest pass, possession, goal, dodge, bounce pass,	receiver, footwork, rebound, tracking, interception, travelling	outwit, opposition, opponent, contact, pivot, court, field position,	tactics, control, foul, support, pressure, obstruction, onside	consecutive, formation, consistently, dictate, contest, turnover
OAA				navigate, rules, grid, route, discuss, plan	leader, orientate,	tactical, collaborate, collective,	boundaries, location, symbol, co-

					symbol, effectively	control card, navigation	operative, strategy
Swimming					stroke, huddle, alternate, survival, treading water, buoyancy, surface,		
Net/Wall/ Games	hit, move, space	strike, jump, throw, sending	strike, jump, throw, sending	direction, control, scoring, return,	direction, control, scoring, return,	direction, points, tactics, spatial awareness, forehand, backhand, leadership, officiating	direction, points, tactics, spatial awareness, forehand, backhand, leadership, officiating
Striking & Fielding	throw, catch, roll	throw, catch, roll, hitting, catching	strike, position, space, stopping, bat,	swing, contact, distance, area, contact	wicket keeper, fielder, outfield, technique, bases, protect	covering ground, pitching/bowling, support/cover, placement	safe, obstruction, communication, spin, pace
Gymnastics	forwards, backwards, roll, slow, speed up	jump, stretch, travel, balance, twist	under, over, off, high, low, shape, in front, curled	crawl, tall, long, combination, roll	crawl, tall, long, combination, roll	symmetrical, asymmetrical, rotation, landing, take-off, twist, extension, parallel, creativity	symmetrical, asymmetrical, rotation, landing, take- off, twist, extension, parallel, creativity