



PE Rationale/Aims

East Dene Primary School 2023-2024



Rationale

Sport is an integral part of life at East Dene Primary School. It provides an opportunity for us to gain confidence, develop physical fitness and learn a range of skills and techniques in a wide variety of sports. We aim to allow to experience a range of different sports, providing extra- curricular opportunities and competition.

Our aim is to create individuals who have a lifelong love of sport, who play for many years to come. As children grow, we hope they reflect back on positive experiences of school sport. Also, we aim to signpost talented individuals to clubs in the local area and promote positive relationships with different sporting organisations.

Aims

- A lifelong love for PE, SPORT and promoting a healthy lifestyle.
- An opportunity to represent the school within extra-curricular events no matter of ability level.
- Exposure to a range/variety of sports.
- A feeling of belonging
- Exposure and understanding of key PE values including understanding how to win and lose appropriately
- Opportunities to access high quality teaching which promotes skill development and enjoyment.
- An opportunity to signpost towards local clubs/teams.
- Talented pupils are allowed to access appropriate levels of competition at local and national level.
- A chance to see/meet and access local role models.

Cultural Capital:

- An opportunity to develop core social skills and behaviours such as teamwork, tolerance and communication skills.
- Opportunity for experiences outside the '**norm**'. This could include representing school at festivals and competitions, alongside taking part in schools which are rich, varied and ranging.
- An opportunity to develop moral development such as following rules and experiencing how to win and lose appropriately.
- Allow children to access opportunities to compete in intra-school/extra-school competitions.

Concepts:

Each lesson at East Dene Primary School is underpinned by a series of key concepts:

Concept 1: Competence

Concept 2: Performance/Skill:

Concept 3: Creativity:

Concept 4: Healthy/Active Lifestyles

Concept 5: Evaluation and analysis:

We also have a number of second order concepts which are strands which run through each of these specific areas:

Second order concepts:

These can be used across all aspects of a subject to organise the substantive knowledge taught.

- Teamwork (Communication and the understanding of the strengths of others)
- Respect (Respect for inclusion, diversity and the rules of the game)
- Self-discipline (regulate own emotions)
- Participation (Confidence and a positive mental attitude towards partaking within a range of physical activities)

Lesson Structure:

In PE, we follow a clear lesson model which allows the children to have a structured, well taught and clear approach to learning.

<u>Retrieval:</u> What did we learn last lesson?	<u>New Teaching:</u> New skills is modelled, applied and success is evaluated.	<u>Apply:</u> Game/Activity application.	<u>Review:</u> How well was the skill performed?
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This structure can be varied, dependent on the age/stage of the children and the point in the unit. For example on some occasions, lessons may feature a whole/part/whole lesson structure or even a more games based focus. This is formulated dependent on the needs/requirements of the children and after an evaluation of performance levels/understanding.

Lessons are mirrored against the extra-curricular overview, where children are pre-taught skills they will be applying in extra-curricular games/opportunities

SEND in PE

Here at East Dene, we promote opportunities for all pupils. In line with the recent OFSTED review document, opportunities are promoted for all pupils with an access for all approach to teaching. Lessons are delivered in an inclusive manner with the PE curriculum, aiming to facilitate learning that does not impose an **'artificial ceiling'** on what the pupils can achieve.

Extra-Curricular Participation

The physical education extra-curricular participation at East Dene primary school is varied and rounded. School has a competition night each Thursday, which involves groups of children competing across different sporting disciplines and areas. Alongside this, the school provides access to a range of different opportunities to sports such as Boccia and NFL, which allows for a range of varied and differing experiences.