

Parent Advice/ Support and Resources

At East Dene Primary School, we believe that safeguarding is a shared responsibility. Working in partnership with parents and carers helps us to ensure that every child is safe, happy and able to thrive both at school and at home.

This section brings together a range of information, guidance and trusted resources to support families with all aspects of safeguarding. Whether you are looking for advice about online safety, mental health and wellbeing, attendance, bullying, healthy relationships, domestic abuse, or keeping children safe in the community, you will find useful information and signposts to organisations that can help.

We understand that parenting can sometimes be challenging, and asking for advice is a positive step. No concern is ever too small. If you are worried about your child or another child, or if you would simply like some guidance, please don't hesitate to contact our Safeguarding Team. We are here to listen, offer support and work together to ensure the best outcomes for every child.

Together, by building strong partnerships between home and school, we can help children feel safe, supported and ready to learn.

Supporting our families is important to us. Below you will find a range of trusted organisations, websites and services offering advice, guidance and support on a variety of safeguarding and wellbeing topics.

- Keeping Your Child Safe Online [Keep Children Safe Online: Information, advice, support - Internet Matters](#)
- Mental Health Support [Rotherham & Barnsley Mind- Mental Health Support](#)
- Mental Health and Parenting [Mental health and parenting | NSPCC](#)
- Feeling Lonely as a Parent [How to cope with parental loneliness | NSPCC](#)
- Early Help [Early Help – Rotherham Metropolitan Borough Council](#)
- Rotherham Safeguarding Children Partnership [Parents and carers – Rotherham Safeguarding Children Partnership](#)
- [Hopian- Domestic Abuse Support](#)
- Domestic Abuse PDF- Where can I turn to for support?

Domestic Abuse Support Agencies		 Supporting children through key adults
Rotherham Rise 18 High St, Rotherham S60 1PP	0330 202 0571 or email: enquiries@rotherhamrise.org.uk	Confidential advice line and support services for adults and children who have been affected by domestic violence and abuse
rothacs Rotherham Abuse Counselling Service	01709 835482 info@rothacs.org.uk www.rothacs.org.uk/sample-post/self-help/	A range of agencies offering support for a wide variety of trauma and abuse, including for domestic violence and abuse. Staff can support using a range of different languages.
Apna Haq	01709 519211	Practical & emotional support for Asian domestic abuse survivors
National Domestic Violence helpline	0800 2000247 24 hour free helpline. All calls are completely confidential www.nationaldomesticviolencehelpline.org.uk	Support for female victims, family & friends affected by domestic violence and abuse. Also advice for professionals available. <i>Translation facilities for callers whose first language is not English, and a service for callers who are deaf or hard of hearing are available</i>
Men's Advice Line	Freephone 0800 801 0327 Monday to Friday 9-5pm Email: infomensadvice@line.org.uk	National advice and support for men experiencing domestic violence and abuse.
Karma Nirvana	0800 5999 247 info@karnanirvana.org.uk	Support for victims of honour based abuse and forced marriage. Advice for professionals also available.
The Hideout	http://thehideout.org.uk CHILDLINE Tel: 0800 1111	Information, advice and support for children and young people to help them understand domestic abuse and how to take positive action if it is happening. Talk to a trusted adult or contact CHILDLINE to speak to someone 0800 1111

