

EYF5 PSED PROGRESS MODEL

SELF-REGULATION LINKS

I can manage my emotions

I can talk about my own feelings and begin to notice how others feel.

I can start using strategies (like breathing or asking for help) when I feel upset.

I can explain how I am feeling and why.

I can think about others' feelings and change my behaviour to help them.

I can manage my behaviour

I can follow class rules with some reminders.

I can keep trying when something is tricky instead of giving up.

I can follow rules and routines without reminders.

I can keep going when things are difficult and bounce back after mistakes.

MANAGING SELF LINKS

I can manage my own basic needs

I can use cutlery with increasing independence.

I can put on my coat and shoes with some help.

I can dress and undress by myself, managing zips and buttons.

I can use the toilet and wash my hands independently.

I can try new things with confidence and resilience

I can make choices and explain what I want or need.

I can try new activities with support from an adult.

I can show confidence in different social situations.

I can keep trying, even when I find something tricky.

BUILDING RELATIONSHIPS LINKS

I can work and play happily with others

I can play cooperatively with friends on a shared goal.

I can begin to solve small problems with help from an adult.

I can take turns and play fairly with others.

I can solve small conflicts by myself, using words I have learned.

I can be kind and help others

I can talk about what is fair and unfair, kind and unkind.

I can start to show care for others when they are upset.

I can show kindness and think about how others feel.

I can be a good friend by listening, helping, and using kind words.

Key

 = F1

 = F2

KS1 LINKS

UNDERSTANDING THE IMPORTANCE OF A HEALTHY DIET AND REGULAR PHYSICAL ACTIVITY.

RECOGNIZING THE NEED FOR SUFFICIENT SLEEP AND ITS IMPACT ON HEALTH.

LEARNING ABOUT PERSONAL HYGIENE AND SAFETY.

DEVELOPING EMOTIONAL LITERACY AND RESILIENCE.

RECOGNIZING AND MANAGING EMOTIONS.

DEVELOPING POSITIVE RELATIONSHIPS WITH PEERS AND ADULTS.

UNDERSTANDING THE CONCEPT OF PERSONAL SPACE AND BOUNDARIES.

LEARNING ABOUT EMPATHY, KINDNESS, AND RESPECT.PSHE ASSOCIATION+1

UNDERSTANDING THE ROLES AND RESPONSIBILITIES OF INDIVIDUALS IN THE COMMUNITY.

RECOGNIZING THE IMPORTANCE OF RULES AND LAWS.

DEVELOPING AN AWARENESS OF MONEY AND ECONOMIC CHOICES.

LEARNING ABOUT ENVIRONMENTAL SUSTAINABILITY AND THE WORLD AROUND THEM.